



# Executive Coaching Certification & Leadership Intensive



"Whether it's because [managers who coach] are competing for talent, operating in a highly turbulent market place, trying to retain their budding leaders, or aiming to grow their solid players, they believe that they simply have to take the time to coach."  
- Harvard Business Review

"I love that through this journey intended to make me a **better servant leader** for others, I am leaving fully present and empowered to bring positive change to my community and corporate environment. This experience has been invaluable and unforgettable."

— Desirée Therianos,  
VP People & Talent, Ellation, Inc.

Are you ready to take your people leadership skills to the next level? Today's leaders require skills beyond the analytical and strategic, and must wear many hats: advisor, supporter, mentor – and coach. This transformative program is designed to help you excel at the critical people skills that all leaders and coaches need today - including empathy, ability to build trust, authentic leadership presence, and impactful communication skills.

The Executive Coaching Certification offers an opportunity for both deep self

reflection and the development of the skills required to be a trusted coach to business professionals. Our guiding belief: we wouldn't ask our clients to do anything we had not done ourselves.

Candidates of the program include accomplished business leaders who wish to incorporate executive coaching into their management practice within an organization, as well as individuals who wish to begin or further develop a career as an independent executive coach.

## Upcoming Programs



Bangkok, Thailand  
February 22 - March 3, 2019



Tuscany, Italy  
May 31 - June 9, 2019



Berkeley, California  
October 4 - 13, 2019

This intensive, residential program includes accommodations and most meals. Program hours are approximately 8 a.m. to 9 p.m. daily, and include experiential lectures and discussions, paired work, coaching sessions and reflection activities. Participants attend from all over the world with approximately half from the region of the program; the program is conducted in English.

### Program Details

10 days (approx. 90 hrs.) of in-person **residential instruction and training** with Berkeley Executive Coaching Institute (Berkeley ECI) faculty

Topics: authentic and transformational leadership; coaching methodology and techniques; self-awareness and mindfulness; active communicating skills; creativity and problem-solving skills.

**Private 1-on-1 coaching sessions** with Berkeley ECI faculty coaches

**Coaching practicum** - an opportunity to coach employees at leading companies

4 months of **follow-up distance learning** and online group sessions

Access to a **global network** of leaders and experienced coaches

Upon completion of program requirements, graduates receive a **UC Berkeley certificate**.



The Berkeley Executive Coaching Institute (Berkeley ECI) provides executive coaching and training programs to executives and coaches around the world. Under the leadership and guidance of Faculty

Director Dr. Mark Rittenberg, our executive coaches have transformed leaders in organizations in more than a dozen countries.

Inspired by our common humanity, our mission is to enable all people to develop their authentic selves, live their values and make a positive impact in their organizations and the world.

### For More Information:

jennifer@berkeleyeci.com | +1.510.225.9175 | www.BerkeleyECI.com